

**FOR IMMEDIATE RELEASE**

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**CARLSBAD'S WEST INN & SUITES LAUNCHES NEW HEALTH  
AND WELLNESS PACKAGE**

**Rated #8 in the U.S. for Family Travel by TripAdvisor, Hotel Provides Convenient  
Location for Exploring Wellness Activities in Carlsbad**

**SAN DIEGO, Calif. – January 31, 2014** – West Inn & Suites hotel in the North San Diego coastal community of Carlsbad, CA announces a new Wellness Package for guests seeking a getaway filled with rest, relaxation and some necessary indulgences.

Upon arrival at West Inn & Suites, guests are greeted with a sparkling glass of champagne and escorted to a Double King Deluxe or King Suite room with luxurious Egyptian cotton linens. After a dip in the hotel's heated pool and spa, guests are transported via shuttle to the exclusive Mirabella Mansori wellness spa where they are offered a soothing facial or a calming massage treatment. Following the treatment, guests can explore the vibrant Carlsbad area via West's complimentary shuttle service.

Back on the hotel's lush property, guests are invited to tour West's private 3-acre farm and learn about the health benefits of authentic farm-to-table cuisine. The farm's fresh crops and ingredients are then sampled as guests dine at the adjacent West Steak and Seafood restaurant or Bistro West restaurant, where Chef Eugenio Martignago provides a seasonally-inspired menu with classic French and Italian influences.

Committed to providing the finest comforts, the Wellness Package allows guests to further indulge with bedtime milk and cookies service, a \$50 dining gift card and a morning breakfast buffet. Package rates start at \$309 per night, not including tax and requires a seven-day advance booking. Rates are subject to availability. For reservations call (760) 448-4500.

**About West Inn & Suites**

Award-winning West Inn & Suites, is an 86-room boutique hotel offering the ultimate in luxurious detail with a classic style. Located in Carlsbad, California, the coastal North San Diego location is within a five minute walk to the beach and five minute drive to area attractions such

as LEGOLAND California Resort, world-renown golf courses, shopping and dining. Among the hotel's complimentary amenities include: cookies and milk at bedtime, seasonal wine pour, shuttle service anywhere in Carlsbad, and specially trained concierges in the areas of romance, family activities, pet-friendly travel, and outdoor recreation. Adjacent award-winning restaurants, Bistro West and West Steak and Seafood, offer a seasonally evolving menu from the restaurant's own 3-acre farm. For more information, visit [www.westinnandsuites.com](http://www.westinnandsuites.com); [www.weststeakandseafood.com](http://www.weststeakandseafood.com); and [www.bistrowest.com](http://www.bistrowest.com).

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